

Renton Senior Activity Center

April 2024

MEAL TIME is 11:30 TO 12:00

1	2	3	4	5
Liver & Onions Mashed Potatoes Sauté Mushrooms & Peppers Fruit	Fried Chicken Thighs Buttered Pasta Collard Greens Fruit Dessert	Meat Loaf Garlic Mashed Potatoes Peas & Carrots Fruit Green Salad	Teriyaki Chicken White Rice Broccoli Whole Fruit Salad	Jazz Appreciation Month Luncheon* Carbonara w/Bacon on the side Peas Caeser Salad Fruit Garlic Bread Dessert
8	9	10	11	12
Beef Empanadas Cream of Corn Rice Pilaf Fruit Green Salad	White Fish w/Lemon Cream Sauce Carrots Fruit Pasta Salad Roll	Sweet & Sour Pork White Rice Corn on the Cob Green Salad Fruit	Turkey & Gravy Mashed Potatoes Sauté Mixed Vegetables Fruit Green Salad	Grilled Cheese Tomato Soup Whole Fruit Salad Dessert
15	16	17	18	19
Spaghetti & Méatballs Broccoli Fruit Green Mixed Salad Garlic Bread	Eggs Benedict Hash Browns Apple Sauce Broccoli Dessert	Chicken Stir Fry Fried Rice & Vegetables Fruit Dessert	Lasagna Mixed Vegetables Fruit Salad Garlic Bread	Clam Chowder & Corn Bread Salad Fruit Dessert
22	23	24	25	26
Tuna Casserole Toasted Bread Broccoli Fruit Dessert	Chicken & Waffles Tri-Color Peppers Apple Sauce Dessert	Broccoli Beef & Vegetables Egg Noodles Salad Fruit Dessert	Biscuits & Gravy Italian Sausage Cabbage Fruit Salad	Tilapia & Mango Salsa Rice Pilaf Collard Greens Green Salad Dessert
29	30			
Pulled Pork Sandwich Coleslaw Potato Fries Fruit Dessert	Ham & Pineapple Roasted Potatoes Mixed Green Vegetables Fruit Dessert	A \$5 donation is suggested for Seniors 60+, all other \$10 425-430-6633	Check-in for lunch begins at 11:15	*Advance reservations are suggested for the Jazz Appreciation Month Luncheon!!